

Tod Michel, Jail Outreach Team, Haven for Hope

Tod is the Jail Outreach and Continuity of Care Transition Team Lead at Haven for Hope where he has worked for the past five years. Tod is a Certified Mental Health peer support specialist and is certified to teach anger management, stress management, enhancing relationships along with facilitating groups whenever possible for those we serve. Prior to working at Haven for Hope, Tod was once a resident at Haven and shares his compelling story of overcoming trauma and gaining sobriety which highlights the opportunities he was provided while at Haven. Tod was just recently elected to the board of A Recovery Place here in San Antonio Texas. Tod spends his free time helping others earn and maintain their sobriety and with his family.