

SGT. (Ret) David Reid

David Reid enlisted in the U.S Army in 2007 at the age of 17. Upon completion of high school, he left for basic training at Fort Benning, Georgia. After completing infantry basic, he immediately attended Airborne School followed by the Ranger Indoctrination Program (RIP). After his training was completed, David Reid was assigned to 2nd Ranger battalion 75th Ranger regiment at Joint Base Lewis- McCord (JBLM) in Washington state.

Shortly after arriving to his unit, David Reid left for his first deployment to Afghanistan in May 2009. In early 2010 he deployed to Iraq and conducted combat search and rescue operations. After his second deployment, he attended Ranger School, one of the most premiere leadership courses in the military. Following graduation of Ranger School, David Reid obtained the rank of Sergeant and deployed for a third time to Afghanistan. During a night operation, while clearing a compound he stepped on an IED located in a doorway resulting in several severe injuries including the loss of a leg.



After sustaining his injury Sgt. David Reid did his recovery in San Antonio, Texas at San Antonio Military Medical Center (SAMMC). After eleven surgeries and being in and out of the hospital he was able to begin physical therapy at the Center For the Intrepid (CFI). Once his recovery was completed he went back to his unit in Washington state to train new rangers and became the training Non-Commissioned Officer in Charge (NCOIC) and when the battalion deployed Alpha Company rear detachment NCOIC. In 2013, David Reid medically retired from the military and moved back to San Antonio, Texas.

In San Antonio David Reid began personal training and utilized his injury to inspire others throughout their journey to a healthier lifestyle.

David Reid graduated with his Bachelor of Science degree in Athletic Medicine at the University of Texas at San Antonio in May of 2017. After graduating In June, he applied to medical school in the aspiration of becoming a physical medicine and rehabilitation physician. Throughout his application process, David met celebrity chef Robert Irvine and became inspired by his mission of serving this nation's heroes. David made the choice to dedicate his life to this mission, give up his pursuit of medicine, and join Robert's team as the Vice President of the Robert Irvine Foundation.

Through the work of the foundation, David has been able to use his experiences to inspire hope in those who are overcoming great adversity in their lives. With his leadership, the foundation strides to serve military members, veterans, supporting family, and first responders.